

Fit for Work Policy

R&L Hiab Transport will ensure that our employees are able to perform their tasks safely and efficiently.

Our employees are fit-for-work when they are free from fatigue, stress, or adverse medical conditions.

To achieve a safe and healthy workplace, R&L Hiab Transport will:

- promote physical, mental and emotional health to encourage safe work practices,
- prevent inappropriate behaviour or harm caused by stress, fatigue, poor health or poor attitude,
- promote behaviours and attitudes which are conducive to health and safety in the workplace.

R&L Hiab Transport encourages employees to be proactive in monitoring their health and fitness for work, and to immediately advise management if they feel they are not fit for work. We will work proactively to assist any employee who is not achieving or needs assistance, to achieve fitness-for-work.



Stirling Thomson

Managing Director

Date: 17th January 2021